

refresh.
passion

refocus
energy

renew
creative
spirit

*I recommend the seminar
to anyone looking to better
understand or even rejuvenate
their own creative process.*

*The insights I gained when
I was a participant over ten
years ago continue to inform
my work today.*

— C.M.

Theater Artist & Writer

our problems AS THE ROOTS OF our power

Presented by the
Lucy Daniels Foundation

An 18-week seminar, taught by
Dr. Lucy Daniels in three 6-week
sessions during fall, winter and spring.

APPLICANTS MUST HAVE:

- 1 A serious commitment to a creative endeavor — whatever that may be; art, parenting, writing, science, music, etc.
- 2 Willingness to focus on psychodynamic issues through readings, discussions, and self-presentations.
- 3 Commitment to consistent attendance at each of the 18 sessions.

COST: \$180

Developed by Dr. Lucy Daniels, author and clinical psychologist, out of her own experiences in overcoming obstacles to creative freedom, the class deliberately mixes all types of creators.

For course dates, content,
and registration form
visit www.ldf.org
or email info@ldf.org

Seminar Location

629 Oberlin Road || Raleigh, NC 27605
www.ldf.org || 919-755-6904